

Kindergarten Readiness

Letter and number skills

- Say his/her first and last name.
- Identify 26 uppercase and lowercase letter **names**.
- Identify numbers 1-10.
- Count to 20.
- Use a sustained and consistent pencil grasp.
- Write his/her first name (with an uppercase letter only at the beginning).
- Sit still and focus/follow directions for 10 minutes. (Please read to your student daily and limit computer/tablet/TV time. This will help train your student to sit and listen for longer periods of time.)

Identify letter sounds. This is something we will teach the kindergarten students during the year, so you do not need to practice this skill over the summer.

Please ensure that your student can...

- Orient and adjust scissors in the correct hand for efficient cutting.
- Follow two step directions. (i.e., “Color the circle blue and then cut it out.” or “Put your toy in the toy box and then come to the table for lunch.”)
- Function and focus without naps.
- Display independent bathroom skills, including zipping and buttoning pants.
- Follow instructions given by an adult.

It is also important to begin teaching your scholars proper health habits, such as:

- Sneezing and coughing into their elbows
- Washing hands after touching their faces and after going to the bathroom
- Keeping their hands out of their mouths and noses
- How to properly blow their noses

Essential supplies to have at home to use over the summer:

- Kid size scissors
- Glue sticks
- Playdough (builds finger strength and fine motor skills)
- Crayons, coloring books, and paper (builds fine motor skills)

If you have any questions would like more suggestions of things you can do at home to prepare your student for kindergarten, please contact one of the lead kindergarten teachers:

Mrs. Motter smotter@anthemprep.org
Mrs. Flaming lflaming@anthemprep.org
Mrs. Davis adavis@anthemprep.org