

HandsOn Greater Phoenix

Youth can read to children at a shelter, maintain the Japanese Friendship Garden or help puppies get fresh air and exercise at Maricopa County Animal Care and Control. At the website, click Find an Opportunity and Opportunity Calendar to browse dates, activities and age requirements. Register online to save searches that match your family's interests. Completing a new volunteer orientation online or in person is required before participating. Age 16 or older can volunteer on their own. **Details:** 602-973-2212, handsonphoenix.org.

Honor Healthcare

Volunteer opportunities are available for all ages of adults, and a junior volunteer program is available for those between the ages of 14 and 17. Volunteer opportunities are offered year-round at all HonorHealth locations, and a special Summer Teen EXPLORATION-only program allows teen volunteers to explore careers in the medical field. Parental consent is required to participate in the teen volunteer program. **Details**: <u>480-323-4560</u>, <u>honorhealth.com/community/volunteer-</u>opportunities/scottsdale

Tempe Municipal Volunteer Program

Students enrolled in grades 6-12 can volunteer in Tempe. Assignments may include opportunities at the Tempe Public Library as a shelving assistant, working special events or with youth at holiday themed activities, as a junior lifeguard or assisting those with special needs. Completing an application and interview is required, and students will receive on-the-job training. One-time or ongoing activities also are available to complete school assignments requiring community service.

Details: 3500 S. Rural Road. Free. 480-350-5190, tempe.gov/volunteer.

City of Scottsdale: Youth Corps

The Youth Corps is a summer a volunteer program for teens, 13-17 years old. Volunteers can explore career opportunities, give back to the community, and receive school credit (with prior school approval).

Details: https://www.scottsdaleaz.gov/volunteer/youth-corps

Families Giving Back

Families Giving Back partners with Valley nonprofits to host volunteer events for families with kids of any age. Weekend events are approximately one hour and involve rewarding hands-on activities such as assembling heat relief kits for St. Vincent de Paul, putting together art project bags for Phoenix Children's Hospital patients, and cleaning up parks with Keep Phoenix Beautiful. Great at-home projects families can do anytime also are available. A liability waiver is required for event participation.

Details: 602-421-7909, familiesgivingback.org.

Arizona Helping Hands, Inc.

This organization supplies beds, clothing, diapers and other essential needs to more than 19,000 foster kids in Arizona. Sign up as a family and work alongside your kids age 7 or older to decorate birthday bags for children in foster care, as part of the birthday dreams program. Families are encouraged to donate a new toy or book. Other opportunities may include sorting and folding donated clothing or assisting with the annual holiday toy drive, depending on the age of the young volunteer.

Details: 7850 E. Gelding Drive, Scottsdale. 480-889-0604,

azhelpinghands.org/volunteer.

Arizona Humane Society

Teens at least age 16 can volunteer for a variety of roles, including administrative support, animal adoption and socialization, working at Petique offsite retail and adoption locations, at thrift stores, in the kitten nursery and for special events and projects. Telling Tails Story Time, held one Saturday a month, lets children age 6 or older read to a furry friend while the animal waits to be adopted. Attending a volunteer orientation and training session is required, as is committing to volunteer at least eight hours a month for at least eight months.

Details: 602-997-7585, ext. 1040, azhumane.org/volunteer.

St. Vincent de Paul

Hearts and Hands Days let kids of all ages and their parents create greeting cards, dining-room centerpieces and hygiene packs and work in the food warehouse. Volunteers 9 or older can serve meals in the Family Dining Room. Young volunteers ages 14-17 have additional options to choose from such as bike repair, tutoring, working at a thrift store or community garden, or learning how to make handmade pizza. **Details:** 602-261-6886, stvincentdepaul.net/volunteer.

Valley of the Sun United Way

Families can help assemble weekend hunger backpacks containing seven meals and snacks for kids who rely on schools for two out of their three meals Mondays-Fridays. Kids must be at least age 5 to participate, and adult supervision is required. Families with kids older than 13 can help assemble school readiness kits for children ages 3 to 5. Encouragement cards or United Way Book-In-A-Bag creations for elementary school-age students in need also can be created and dropped off at the VSUW office. **Details:** 3200 E. Camelback Road, Suite 375, Phoenix. 602-631-

4800, vsuw.org/volunteer.

Keep America Beautiful

Parents may recall iconic commercials of the '70s and learning the words "Pollution hurts all of us." More than three decades later being environmentally conscious is a concept more important than ever for children to learn. Keep Arizona Beautiful and Keep Phoenix Beautiful are affiliates that offer such volunteer events as graffiti removal, litter cleanup and community-improvement projects. Garbage bags and supplemental supplies can be provided for kids looking to organize a group to clean up a park or an abandoned lot. Parents will need to accompany children younger than 18.

Details: 602-651-1227, kazb.org/events; 602-262-4820, kpbvolunteers.org.

United Food Bank

Families can pack dry goods, sort food and build emergency boxes of food. Volunteers are always in need, but must be at least age 12, except on monthly Family Nights when kids can be as young as 8. An adult must participate with youth ages 12-15; ages 16-17 can volunteer on their own. An application and registration must be completed in advance.

Details: 358 E. Javelina Ave., Mesa. 480-398-4470, unitedfoodbank.org/get-involved/volunteer.

Child Crisis Arizona

Younger kids can help put together caring kits from school starters and birthday boxes to family-support baskets and good-night bags. To provide care for children at one of three Mesa facilities, volunteers must be at least 16 (22 in some cases) and are asked to make a one-year commitment and work one shift per week. The process involves completing an application and attending an orientation, in-person interview and training. A new requirement as of July 1 requires that volunteers also obtain a Level 1 Fingerprint Clearance Card (\$67).

Details: Orientations are held at the Child Crisis Arizona, 604 W. Ninth St., Mesa. 480-969-2308, childcrisisaz.org/how-to-help/volunteer.

ICAN

ICAN is an East Valley after-school program that relies heavily on volunteers, including youth who are at least 15. Teens may assist kids with homework or in the computer lab, with arts and crafts, sports and recreation, and during special events. An application, interview and orientation are required. Volunteer opportunities are available for age 10 or older to volunteer with an adult.

Details: 650 E. Morelos St., Chandler. 480-821-4207, icanaz.org/volunteer.

St. Mary's Food Bank

Did you know one hour of volunteer service can provide 100 meals to those in need? Imagine what donating a few hours of time could mean when a family, group or scout troop join efforts for an afternoon to pack, sort or distribute emergency food boxes at locations in Phoenix or Surprise. Children ages 12-13 must be accompanied by an adult, but teens 14-17 can volunteer on their own. Exceptions for ages 8-11 can be made for groups. A waiver must be completed in advance.

Details: 602-343-3134, volunteer.firstfoodbank.org.

Welcome to America Project

This organization reaches out to the less fortunate by providing clothes, and house hold essentials. Come help run a close closet and collect furniture and household items, or come deliver the supplies to a family. Until October, the close closet is at 7:30 a.m. on Saturdays, and the deliveries start at 7:00 a.m. on Saturdays. After October, the deliveries start at 8:00 a.m., and close closet starts at 8:30 a.m. Register an account online and fill out volunteer agreement, **if under 18 account needs to be registered by guardian.** The account will be approved by the volunteer coordinator, and after it is approved you will need to schedule you volunteer time online on their calendar.

Details: Clothes Closet-Phoenix and Glendale, Deliveries-Tempe (specific locations are available when you email the company directly), https://www.wtap.org

<u>Andre's House</u>

The soup line work here begins at 3:15 and finishes around 7:15p/7:30p...it is done whenever clean-up is complete. The work includes all aspects of serving our nightly meal to the poor and homeless...meal prep, serving and clean-up. Minimum age -14 years old. At clothing and donations, volunteers sort through the donations we receive, sort men's vs women's clothing, sorting toiletries, organizing shelves, folding & stacking blankets, etc. This is open on some Saturdays from 1:00p to 3:00p. Minimum age-12 years old. No drop-in's, please.

Details: Hospitality Center: 213 S. 11th Ave Phoenix, AZ 85007, Transitional House: 1203 W. Polk St. Phoenix, AZ 85007

http://andrehouse.org/volunteer-information/

Power Paws Assistance Dogs

One way you can volunteer is just to come and socialize with the dogs or help with fundraising. If you want to go one step further, you can adopt a puppy for 2 years, train it, and then give the puppy to a disabled person. In order to volunteer, you need to go to orientation, which is on the first Saturday of every month. All ages allowed with parent accompaniment.

Details: Apache School Room 101: 1201 N. 85th Place Scottsdale 85257 Contact: 480-970-1322

Miracle League of Arizona

Our Teen Ambassadors can be recognized out on the ball field as Volunteers wearing pink shirts with 'Ambassador' on the back. This group is an exceptional and dedicated set of individuals with the below purpose:

To promote both the opportunity of MLAZ, and inclusion within the community. To lead by example as encouraging and dedicated individuals on the MLAZ baseball field and beyond. To help raise funds, raise awareness and create increased activity opportunities for the program and surrounding special needs community.

Details: http://www.mlaz.org/about/teen-ambassadors/

Students Supporting Brain Tumor Research

This is a non-profit business that educates people about brain tumors and raises money to help find a cure. Volunteers go to monthly meeting to learn more about brain tumors, and to help run fundraising events.

Location: Mayo Clinic

Details: : 1-888-772-8729, email: admin@ssbtr.org https://www.ssbtr.org/welcome.html

Phoenix Herpetological Society:

This is a non-profit organization dedicated to educating, rehibilitating, and preserving native and non-native reptiles in Arizona. Come care for and learn about the different animals.

20701 N. Scottsdale Rd., Site 107, Scottsdale, AZ 85255 **Details**: Contact: 480-513-4377, email: <u>info@phoenixherp.com</u> <u>http://www.phoenixherp.com/how-you-help/youth-volunteer-program.html</u> <u>http://www.phoenixherp.com/how-you-help/volunteer.html</u>

Phoenix Zoo

The Zoo Teens program recruits students ages 14 to 17 (as of Sept. 1 of the application year) who are interested in animals, nature and conservation. Volunteers speak with guests at interpretive stations, provide mentoring and educational opportunities to Camp Zoo participants and are eligible to work with and learn from professional animal keepers. Applications (with two written recommendations) are accepted through May 31. The program runs September through May.

Details: phoenixzoo.org

Hospice of the Valley

High school students in the HOV Teen Volunteer Program visit patients for two hours each week and brighten their days with conversation, reading, playing games, listening to music or sharing other activities of mutual interest. Participants must make a 12-month commitment to volunteering two hours per week (weekdays after school or weekends) and must complete 18 hours of orientation.

Details: hov.org

Phoenix Children's Hospital

Teens ages 13 to 17 can participate in one of two half-day projects—designed to be fun—while helping children in the hospital. Teens ages 16 and older are eligible for Phoenix Children's In-Hospital Volunteer Program year-round. **Details**: phoenixchildrens.org

Phoenix Public Library

The library accepts volunteers ages 12 to 17 year-round. A special eight-week program runs during the library's annual Summer Reading Program. Volunteers register participants, explain the program, prepare crafts, assist with drop-in programming, set up and clean up for storytime, straighten shelves, alphabetize and shelve materials and help staff as needed. All volunteers must attend an orientation and training session at the beginning of the summer.

Details: phoenixpubliclibrary.org

Scottsdale Library

Details: http://www.scottsdalelibrary.org/teen/volunteers